

EXPANDED ENERGY REFLECTION CARDS

A sample from the InnerG expanded-center deck based on Grandmaster Bey's system. Symbolic reflection only. Not diagnosis, treatment, or guaranteed activation.

Root

What would make the next step feel steadier?

Sacral

What feeling wants movement, language, or space?

Solar Plexus

Where does focus need a clean boundary?

Dantian

Where is life-force gathering below the navel?

Heart

What can soften without being forced open?

High Heart

What bridge between compassion and spirit is active?

Throat

What truth needs a cleaner sentence?

Well of Dreams

What image is rising from the subconscious?

Third Eye

What pattern keeps repeating?

Forehead Zone

Where can cosmic love widen the view?

Crown

What wisdom is trying to download?

Feet

What needs to ground through the silver Earth current?

Right Hand / Yang

What energy am I projecting with discipline?

Left Hand / Yin

What energy am I receiving or transmuting?

Merkaba

What field am I sealing around the whole system?